

Become an i-PROGNOSIS ambassador

and contribute to improve the early detection of Parkinson's

The i-PROGNOSIS project aims to develop early and unobtrusive Parkinson's disease detection tests based on the interaction of users with their smartphone to advance the way Parkinson's is diagnosed and treated.

The present call for ambassadors aims to recruit driven individuals willing to help spreading the word and motivate new volunteers to participate in a remote clinical trial!

A DIFFICULT DIAGNOSIS

Everyone with Parkinson's has different symptoms, but the most common symptoms are tremor, muscle rigidity and slowness of movement. Many people with Parkinson's also experience other problems not related to movement, such as pain, anxiety and depression. Parkinson's is difficult to diagnose because there is no specific test for the condition. The symptoms of Parkinson's vary from person to person and a number of other illnesses have similar symptoms. For these reasons misdiagnoses are sometimes made.

WHY IS EARLY DETECTION IMPORTANT?

No cure has been found to reverse Parkinson's disease. Patients usually receive medication to minimise and manage motor and non-motor symptoms. Prompt diagnosis and treatment of Parkinson's may slow the progress of the condition and help you to maintain a good quality of life. A healthy lifestyle is also important, for example taking regular exercise and eating a balanced diet.

WHAT WILL YOU DO AS AN AMBASSADOR?

Volunteers are vitally needed for clinical studies, which are the last and critical stage of research before new treatments are brought to market. In the case of i-PROGNOSIS, there is a need for both

diagnosed Parkinson's disease patients and for people who don't have it (referred to as "controls"). Yet i-PROGNOSIS is not a common clinical study as volunteers will be able to contribute... from their couch!

By downloading the i-PROGNOSIS mobile application, volunteers will remotely participate to the trial at any time and from anywhere through the provision of anonymized data collected from the daily use of their smartphone. As an ambassador, you will contribute to engage people to take part in this adventure towards a better detection of Parkinson's!

“ You will be able to contribute... from your couch! ”

(!) The i-PROGNOSIS mobile app will not replace, but assist your doctor.

It is a multidisciplinary project where medical teams, technological experts and end-users representatives work hand in hand.

(!) No specific technological skills are needed to participate in i-PROGNOSIS,

either as an ambassador or as a volunteer.

(!) Data are anonymized from the earliest stage and will never be shared

with anyone outside the medical teams of the i-PROGNOSIS project.

(!) The i-PROGNOSIS project has no commercial purpose.

Thus, your participation is free of charge.

WHY TO BECOME AN AMBASSADOR?

You will participate in a social initiative aiming to improve the early detection of a severe disease affecting 1.2 million people in Europe and about 6.3 million worldwide.

You will support medical teams in their research and contribute to develop concrete solutions for a more accurate diagnosis of the Parkinson's disease.

You will participate in building a community of people driven by the same ambition to accelerate the science and care for Parkinson's on behalf of people living with the disease.

Thanks to an early detection of Parkinsons' and a better understanding of the symptoms, you will have participated to provide more appropriate early treatments.

Social initiative

Concrete solutions

Community

Treatments

I WANT TO BE AN AMBASSADOR...

STEP 1. I get in touch with **AGE Platform Europe** that will redirect me towards the local medical partner in my country:

- Estelle Huchet
- Project officer, AGE Platform Europe
- estelle.huchet@age-platform.eu
- +32 2 280 14 70 (switchboard)

STEP 2. I participate to the **free training webinar** that will be organised by AGE and that will provide me with the necessary tools for the recruitment of new volunteers. On this occasion, I will have a chance to virtually meet fellow ambassadors as well as the medical partner based in my country and ask all the questions I may have.

STEP 3. I start **recruiting in my local communities**. If I have questions or if I need support, I do not hesitate to contact the i-PROGNOSIS contact point in my country or with AGE Platform Europe. They are here to help me! If I want to step down from my role of ambassador, I feel free to flag and ask for being removed from the list.

STEP 4. I send the **contact details of the recruited volunteers** to the i-PROGNOSIS contact point in my country so the i-PROGNOSIS partnership can take over.

STEP 5. I get **rewarded for my valuable contribution** to the i-PROGNOSIS project!



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 690494.